



# Faith Together at Home

## Jesus the I AM

Explore  
the Bible

### Gather Together

Gather around an open Bible and share highs and lows from the day. Talk about things that make you feel good and things that make you feel sad or down. Read Jesus' words from John 14:6: "I am the way, and the truth, and the life." Have each person share a descriptive statement that tells something about who they are ("I am . . . good at basketball; artistic; kind.").

### Discover Together

Grab a Bible and ask someone to read aloud Exodus 3:14. In the New Testament, Jesus expands on God's name, adding descriptions that help us better understand what God is like. Turn to the Gospel of John. Take turns finding and reading the seven "I AM" statements Jesus makes in John 6:35, 8:12, 10:7, 10:11, 11:25, 14:6, and 15:1.

Now go on a scavenger hunt around your home, looking for objects that symbolize these statements. For example, a slice of bread could go with John 6:35 ("I am the bread of life") and a flashlight could go with John 8:12 ("I am the light of the world"). Be creative and have fun with the search! Gather together again and share what you found.

Jesus guides us and nourishes us. Jesus loves us and wants us to be in relationship with him. He even died for us, so that we can live in his love forever!

### Talk Together

Ask these questions of each other.

- How do the "I AM" statements help you know more about God?
- Which "I AM" statement do you think would be most helpful if: someone was feeling lost? Wanted to know more about God? Was feeling nervous about an upcoming event in their life?

### Play Together

Celebrate Jesus, the light of the world! Gather outside at night, or in a darkened room, for a game of Flashlight Tag. Afterward, light a candle (or a lamp) and enjoy a snack together. Talk about favorite movies or books that have themes of light and darkness. Sing a song about light, such as "This Little Light of Mine."

### Serve Together

Jesus said, "I am the bread of life . . . I am the light of the world." Consider ways your family can share life and light with others in your neighborhood. Bake or buy a loaf of bread and deliver it to a neighbor or someone in need. Add a note that reads: Jesus said, "I am the bread of life . . . I am the light of the world" (John 6:35, 8:12).

### Family Prayer

Say this prayer or blessing at the close of your time: **God of Life, thank you for your love. Thank you for the gift of Jesus who lights the way to you. Amen.**